



# THE RIPPER TIMES

Weekly Newsletter of Traralgon South Primary School

## PRINCIPAL REPORT...

### Student Supervision:

Recently, there has been an increase in the number of families dropping their child(ren) to school early, and/or not collecting their child(ren) after school until later in the afternoon. Please be reminded that as per both the Department of Education and our School Council endorsed [Yard Duty and Supervision Policy](#) that outside of the hours between 8:45am and 3:45pm, school staff **will not** be able to supervise students. Furthermore, an Outside School Hours Care (OSHC) service has been established on our school site to support families to ensure supervision options are available, particularly as we understand working families can find it difficult at times to balance both commitments. For additional information about enrolling your child(ren) at our OSHC service, please follow this [link](#).

### School Student Broadband Initiative:

Late last week I received the correspondence below from Darren Chester (Federal Member for Gippsland), regarding an opportunity for families to receive free NBN for 12 months. If you would like our school to include you in the nomination process, please contact me directly and I will do so on the collective behalf of all interested families.

*I am writing to advise of the School Student Broadband Initiative (SSBI) wherein the Australian Government is working with NBNCo to provide up to 30,000 families, with no internet at home, free NBN for 12 months.*

*To be eligible, families with school age children who have no active broadband service over the NBN network can be nominated by schools, education authorities and charities/community organisations.*

*To be eligible for SSBI, families must:*

- *Have a child living at home that is enrolled in an Australian school in 2023*
- *Have no current NBN broadband internet connection at their home*
- *Live in a premises where they can access the NBN network.*

*Information regarding family contact details will be passed onto NBNCo and following receipt of an application, they will respond to confirm eligibility. For eligible families, NBNCo will generate a printable voucher which will be forwarded to the family by my office.*

*Once received, the voucher may be redeemed at participating internet service providers listed on the voucher.*

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*This initiative will run until April 30, 2024 and for more information about the SSBI please visit [www.infrastructure.gov.au/SSBI](http://www.infrastructure.gov.au/SSBI).*

*I look forward to receiving your advice as to whether this program might assist some of your school families.*

Kind regards,

**Darren Chester**

**Federal Member for Gippsland**

## Student Led Conference Bookings:

A final reminder for families yet to book a time for our Student Led Conferences next week, to please do so before the booking system on uEducateUs closes on Monday 11 September. We are close to 100% of our students having a conference booking, and it would be lovely to see the hard work of these children be rewarded with an opportunity to present their portfolios and reflections of their learning to their family. If you need any assistance with making a booking, please contact myself or the relevant classroom teacher.

Take care,

Joel Blythman

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## DATES TO REMEMBER...

14 <sup>th</sup> September	Thursday	Student Led Conferences – 4:00pm – 7:00pm
15 <sup>th</sup> September	Friday	Last Day Term 1 – Student Free Day
		Student Led Conferences – 9:00am – 1:00pm
2 <sup>nd</sup> October	Monday	First Day Term 4
31 <sup>st</sup> October – 10 <sup>th</sup> November	Various Days	Whole School Swimming Program – Information to follow
6 <sup>th</sup> November	Monday	Student Free Day
7 <sup>th</sup> November	Tuesday	Melbourne Cup Day – Public Holiday

## School Uniforms – Price Increase

There has been a small price increase in a number of our uniform items. Please check the price list on our school website.

## Tennis Players Needed!

Traralgon South Tennis Club are looking for more junior and senior tennis players for the upcoming Summer season 23/24. If you or your child are interested in playing or would like to discuss more please contact our Junior Coordinator Erin Riseley on 0408302081. All levels from beginners up are more than welcome!

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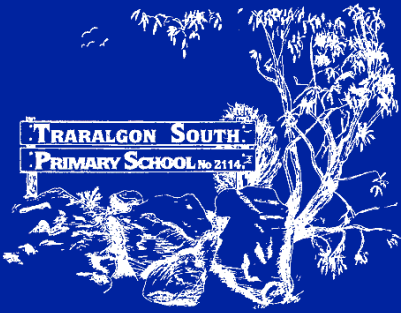
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## RIPPER STUDENT AWARDS...



Prep/1	Jade J	For always showing empathy and kindness to others.
1/2	Maya S	For great organisation and routines in her reading.
2/3	Luke D	For persisting to present a creative and interesting Powerpoint.
5/6	Murray R	For being so thoughtful and always putting others ahead of himself.
Music	Olivia L	For her enthusiasm shown and working hard in Music.
School Captains	Piper R	For cleaning up rubbish and helping out in the 2/3 grade.

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## IN 2 LEARNING

Join our fun filled School Holiday Care program!

To make your booking, please complete our online booking form or if you need an enrollment form, please contact us:

Opening hours 7:00am – 6:00pm | Contact number: 0411 821 530 | juliana@in2learning.com.au

	Monday 18/09/2023	Tuesday 19/04/2023	Wednesday 20/09/2023	Thursday 21/09/2023	Friday 22/09/2023
VACATION CARE PROGRAM IN 2 LEARNING	<b>TEDDY DAY!</b> Come in and decorate your own bear then bring your bear along for a teddy bear picnic. 	<b>TIE-DYE DAY !</b> Come a join us to Tie-dye our own Tops. What colours will you choose? 	<b>BRING YOUR WHEELS DAY!</b> Bring along your bike, scooter, skateboard, or rollerblades. Please don't forget your helmet 	<b>COOKING DAY!</b> Come in a create some yummy food and set the room up like a restaurant. What will you order? 	<b>PLANTING DAY</b> Come in a paint your own flowerpots and plant some seeds in them. Followed by making popcorn and watching the Lorax. 
	<b>MESSY PLAY/ SCIENCE DAY!</b> Bring spare clothes today because today is going to get messy. From science experiments to slime creation what shall we create? 	<b>SAUSAGE SIZZLE DAY!</b> Come in and enjoy a day full of games and a sausage sizzle. 	<b>TECH &amp; DEVICE DAY</b> Bring along your tablets, iPad, phones, etc and enjoy a day of using technology to enhance your learning and play experience 	<b>AFL PARTY DAY</b> What a way to end the school holidays by enjoying a day of games of football, face paint and party games. 	<b>Service closed</b> 

Complete the booking form by the Tuesday 12th September 2023.

Breakfast, morning tea and afternoon tea provided.

Please pack lunch.

Price is \$74.90 dollars per day.

[CLICK HERE TO BOOK](#)

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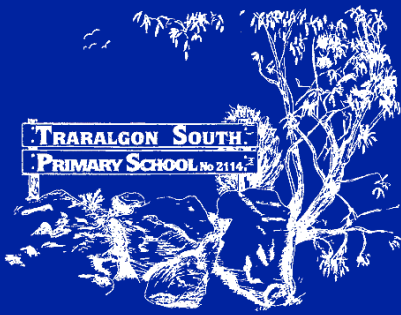
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**nab AFL Auskick**

## YOU'RE INVITED

AFL Victoria would like to invite you to participate in our 2023 NAB AFL Auskick Carnival! A one day introduction event into Junior Football.

**Morwell Recreation Reserve Synthetic Oval**

**Friday 8th September**

5.00pm -7.00pm



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PROUDLY RUN BY LOCAL POLICE AND VOLUNTEERS

## BlueLight

# LATROBE BLUE LIGHT DISCO

GLOW WEAR & COLD FOOD AVAILABLE

## FRIDAY 15<sup>TH</sup> SEPT 6-8PM

### @MORWELL CENTRAL PS

ENTER VIA HOYLE STREET

YEARS 4 TO 6 | \$8 ENTRY

FOR MORE INFO CONTACT [KELLY.HICKS@POLICE.VIC.GOV.AU](mailto:KELLY.HICKS@POLICE.VIC.GOV.AU)

LATROBE BLUE LIGHT DISCO  
PLEASE ASK YOUR PARENTS TO LIKE THE PAGE IF YOU ARE UNDER 13

BLUELIGHT\_VIC

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## Latrobe Valley All Ability Sports

'All-ability' sports are about fun and participation for **EVERYONE!** The local All-ability groups are parent-run and driven, so cater directly to the needs of kids with additional needs in the local area. During the sessions a variety of games and activities are played to learn and develop new skills, activities are modified so that everyone can 'have a go!' Participants can also benefit socially by making new friends and feeling part of a team.

### LATROBE VALLEY 'ALL-ABILITY' CRICKET WOOLWORTHS CRICKET BLAST PROGRAM

All school aged children with additional needs are invited to join us for 'ALL Ability' Cricket, the sessions will run weekly during Term 4, 2023

Sessions will be held at

Traralgon West Cricket Club

'West-end' - Jack Canavan Oval,

Douglas Parade, Traralgon

TUESDAYS from 5pm - 5.45pm, starting October

10<sup>th</sup> and finishing on December 19<sup>th</sup>

(except Melbourne Cup Public holiday)

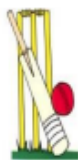


TRARALGON WEST  
CRICKET CLUB

A parent/carer must attend and be willing to participate with the child.

Cost is \$20 for the Term - siblings welcome to join in too!

Registration form & payment due by 24/10 to be eligible for a Cricket Blast pack. Please let us know if there are any issues.



For more information or questions phone Sam (Coach) 0414516295 or Louise Varsaci 0414540296 or find us on Facebook - All-ability Sports, Latrobe Valley

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**RIPPER**





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## SCHOOL HOLIDAY FUN

Latrobe Leisure has got you covered this school holidays

# MORWELL'S KIDS OPEN DAY

## FRI 22 SEPTEMBER

**\$5 per person | \$10 family (incl. entry to pool all day)**  
**Cafe open on the day, FREE fruit**

- 10am **Indoor Soccer, games and activities**  
Court 2 and 3
- 11.30am **FREE Sausage Sizzle**
- 12noon **Basketball games, and activities**  
Court 2 and 3
- 12-3pm **Arts and Crafts**
- 1-3pm **Otto Inflatable**  
LTS students FREE entry



View more information about the Latrobe Leisure School Holiday Program and register for activities using the QR code.

Enjoy these school holidays at Latrobe Leisure!

Latrobe Leisure Morwell  
Phone: (03) 5128 6144  
Email: [llm@latrobe.vic.gov.au](mailto:llm@latrobe.vic.gov.au)  
McDonald Street

[latrobe.vic.gov.au](http://latrobe.vic.gov.au)



**LATROBE LEISURE  
MORWELL**

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## SCHOOL HOLIDAY FUN

Latrobe Leisure has got you covered this school holidays

### WEEK 1 \$2 Basketball Shots - All Leisure Centres

#### MON 18 - FRI 22 SEPTEMBER

**Intensive Learn to Swim Program**  
Moe/Newborough, Morwell and Churchill Leisure  
5 days for \$60  
Mondays to Fridays

#### MON 18 SEPTEMBER

**1pm (45mins)**  
(0 to 3 years)  
**Parents and Bubs Aqua**  
Moe/Newborough Leisure  
\$5 Non-members  
(Bookings required)

#### TUE 19 SEPTEMBER

**10.30am - 11.30am**  
(6 to 12 years)  
**Kids Move and Splash**  
Moe/Newborough Leisure  
\$5 per person  
Sneakers/runners are required for the land activities.

#### THU 21 SEPTEMBER

**Fun Day**  
Churchill Leisure  
Day Deal: \$5 per person | \$10 family  
(incl. free sausage sizzle)  
10.15am **Kids Jiggle and Jive (4-6 yrs)**  
\$5 Sneakers/runners required  
11.15am **Parents and Bubs Aqua (0-3 yrs)** \$5 Non-members  
Bookings required  
12noon **FREE Sausage Sizzle**  
1pm **Inflatable Duck** \$2  
LTS students FREE entry

**10.30am - 11.30am**  
(5 to 8 years)

**11.45am - 12.45pm**  
(9 to 12 years)

**Ninja Warriors**  
Gippsland Regional Indoor Sports Stadium  
\$10 per person  
Bookings required.  
Book through Eventbrite.

#### FRI 22 SEPTEMBER

**Open Day**  
Morwell Leisure  
\$5 per person | \$10 family  
(incl. entry to pool all day)  
Cafe open on the day, FREE fruit  
10am **Indoor Soccer games and activities**  
Court 2 and 3  
11.30am **FREE Sausage Sizzle**  
12noon **Basketball games and activities**  
Court 2 and 3  
12-3pm **Arts and Crafts**  
1-3pm **Otto Inflatable**  
LTS students FREE entry

**11.15am (45mins)**  
(4 to 6 years)

**Kids Jiggle and Jive**  
Moe/Newborough Leisure  
\$5 per person  
Sneakers/runners are required

**12noon (45mins)**  
(7 to 11 years)

**Kids Move and Groove**  
Moe/Newborough Leisure  
\$5 per person  
Sneakers/runners are required.



View more information about the Latrobe Leisure School Holiday Program and register for activities using the QR code.

Enjoy these school holidays at Latrobe Leisure!

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## WEEK 2 \$2 Basketball Shots - All Leisure Centres

### GRAND FINAL WEEK

**Sport/AFL footy colours for \$2 swim and stadium shots**  
Churchill Leisure

Activities include - basketball, spikeball, frame running and many more

Bookings required.  
Book through Eventbrite.

### TUE 26 SEPTEMBER

**9.30am - 11.30am**

**Inclusive Community Sports Day**  
Churchill Leisure

Activities include - basketball, spikeball, frame running and many more

Bookings required.  
Book through Eventbrite.



View more information about the Latrobe Leisure School Holiday Program and register for activities using the QR code.

Enjoy these school holidays at Latrobe Leisure!

### WED 27 SEPTEMBER

**11am - 4pm**

**Sport and Rec Expo**  
Gippsland Regional Indoor Sports Stadium

Are you interested in being part of a sport or recreation club? If you would like to see what clubs are on offer in Latrobe, then why not come and check out The Latrobe Sport & Recreation expo!

The expo will consist of stalls, activities, come and try sessions, skill development sessions, mini competitions, showbags, music and free food.

All community members welcome!

### THU 28 SEPTEMBER

**10.30am - 11.30am**  
(5 to 8 years)

**11.45am - 12.45pm**  
(9 to 12 years)

**Ninja Warriors**  
Gippsland Regional Indoor Sports Stadium  
\$10 per person

Bookings required.  
Book through Eventbrite.

**1pm - 3pm**

**Otto Inflatable**  
Morwell Leisure  
\$5 per person  
LTS students FREE entry



[latrobe.vic.gov.au](http://latrobe.vic.gov.au)



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## PROJECT +

## Parents & Carers



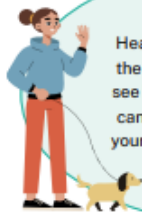
### EMPATHY & KINDNESS

Working on empathy helps us to identify, understand and feel what another person is feeling. When we show empathy or we do something kind for someone else, our brain releases oxytocin. This leads to us increasing our self-esteem/confidence, energy levels, positivity and overall happiness.



*Empathy has no script. There is no right way or wrong way to do it. It's simply listening, holding space, withholding judgment, emotionally connecting, and communicating that incredibly healing message of 'You're not alone'. - Brené Brown*

You can practise empathy in a variety of ways. Below are some ideas you could have a go at doing with the family.



#### Kindness Walk

Head out for a walk and challenge the people you are walking with to see how many acts of kindness you can accumulate together while on your walk. Afterwards, discuss how it made you feel.

#### Support A Charity Or Organisation

Together as a family choose a charity or organisation you would like to support. This may be something you are passionate about or a cause you feel is in need.

- Research the best way you can support this cause.
- As a family, make a plan of what you are going to do.
- Work together to support your charity or organisation.

#### Neighbourhood Kindness Challenge

This is a great way to show kindness and build connection with your neighbours:

- Offer to walk your neighbour's dog or go for a walk with them.
- Take your neighbour's bins out or bring the bins in for them.
- Offer to do some gardening for them.
- Cook or make a neighbour a meal or some treats.
- Write a little kindness note and place it in their letterbox.
- Make a gift and deliver it.
- Stop and have a chat with your neighbour and ask how their day is going.



#### Listen Empathetically

Listening is a big part of being empathetic. If you haven't already listened to Lael Stone on the imperfects podcast talking about listening and responding to children with empathy and compassion, check it out!



Proudly supported by



The Resilience Project is proud to partner with Coles to support students, teachers and parents to become happier, healthier and more resilient. We are grateful for the commitment and shared vision of Coles to support the mental health of all Australians.

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