



THE RIPPER TIMES

Weekly Newsletter of Traralgon South Primary School

PRINCIPAL REPORT...

The Resilience Project:

Throughout 2023, we are working closely with The Resilience Project to support the wellbeing of our school community. [The Resilience Project](#) delivers emotionally engaging programs and provides evidence-based, practical strategies to build resilience.

Our Partnership Program consists of online presentations and weekly lessons for students, professional development for staff, and a **Parent & Carer Hub** (including digital presentations) for our parent and carer community.

Over the coming weeks, we'll be sharing the Parent & Carer Hub with you. The videos are 5-10 minutes long and will walk through the key pillars of resilience: **Gratitude**, **Empathy** & **Mindfulness**. You'll hear stories and be introduced to activities to show how these strategies can support our kids' learning and development, and also support you as parents and carers.

This program is an important part of our school's effort to look after the mental health of our community.

View the first presentation of the series here:

Part 1: Meet Martin and learn about The Resilience Project

<https://theresilienceproject.com.au/2023-parent-carer-hub-inspire-martin/>

We will be in touch next week to share more, including research and wellbeing activities to integrate into day-to-day life.

For mental health resources and support information, visit [The Resilience Project's Support Page](#).

Principal: Joel Blythman

P: (03) 5195 5244

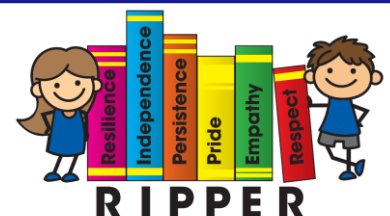
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Regional Cross Country:

On Thursday 1 June (tomorrow), both Mia P and Bowie R are competing in the Gippsland Region Cross Country event in Drouin. Both students qualified after their earlier successes at the District and Division levels, and we wish them all the very best for their respective events.

Year 5 & 6 Camp:

There were many excited faces on Monday morning as our Year 5 and 6 students travelled to Phillip Island Adventure Resort for their camp. Connecting with other students from schools in our cluster (Toongabbie, Tyers, and Gormandale Primary Schools) provides further social connections for our children, especially for our Year 6 children before they soon transition to secondary school. We look forward to hearing all about their adventures and stories of the fun times they've shared!

I would also like to recognise the additional hours both Ben Rilen and Maddison Kennedy have worked to help make this camp a reality. I am sure many of our readers would agree that the early starts and late finishes with 70-odd Year 5 and 6 students across the cluster is a huge effort, and for this we thank them. Importantly, we are also super grateful for Nick Hodgson volunteering his time as a parent helper to attend this camp, taking days off work to also support our school and students. Thanks so much!

NDIS:

I have recently been contacted by a member of Latrobe Community Health, as they are partnering with the National Disability Insurance Scheme (NDIS) and would like to offer our school community an opportunity to discuss how the NDIS may be able to support your child(ren). More specifically, this might include a pop-up NDIS Information Stall at our school where families who have (or potentially may have) children on the NDIS can seek more specific information and assistance. They are quite willing to come out to our school even if we have only one family who will connect with this opportunity, so if this is of interest to you, please let me know and we can discuss the particulars further.

Take care,

Joel Blythman

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DATES TO REMEMBER...

5 th June	Monday	Online LOOP Book Club Orders Close (all orders to be placed via LOOP platform only)
		School Council Meeting
12 th June	Monday	King's Birthday Public Holiday
13 th June	Tuesday	Grades Prep/1 & 1/2 GPAC Excursion – Wilfrid Gordon McDonald Partridge
23 rd June	Friday	Early Dismissal at 1:00pm – End of Term 2
10 th July	Monday	First Day of Term 3

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RIPPER STUDENT AWARDS...



Prep/1	Lilliana S	For persisting to learn her sounds and doing a wonderful job with her letter formation.
1/2	Isabel H	For showing empathy towards others and being an active listener in class.
2/3	Liam C	For listening carefully to sounds in words when he writes.
4/5	Liam B	For showing independence and asking clarifying questions to extend his own learning.
5/6	Harvey H	For sound out his spelling words brilliantly, showing pride and resilience in completing an activity he doesn't enjoy.
Art	Tom O	For persistence shown when learning to tie macrame knots.
	Ahliana S	For persistence shown when weaving her cardboard loom.
PE	Mahley C	For showing independence and persistence to complete all tasks in PE.
Auslan	Lillie G	For her excellent persistence and respect during Auslan class. Well done Lillie.
School Captains	Ella R	For taking up her time to help someone in cross country.

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JUNIOR GIRLS FOOTY 4 FUN



Experience Australia's most loved sport through AFL Victoria's FREE Footy 4 Fun events delivered across Victoria! A footy experience full of fun activities, modified games & memorable moments to take home with you!

Footy 4 Fun Junior Girls is all about giving girls (turning 5-12 years old in 2022) the opportunity to experience football in a fun and safe environment through fun activities and modified game.

WHERE:

Morwell Recreation Reserve

WHEN:

Sunday 4th June
12:00pm - 4:00pm



REGISTER HERE!

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nab AFL Auskick

MID-SEASON ENTRY

It's not too late to join the fun!

Register for NAB AFL Auskick now for only \$55 plus receive an exclusive goodies pack!

play.afl/auskick

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Hooded Plover Conservation Dinner

Saturday, 17th June
6.30pm – 9.00pm
The Gurdies Winery

You are invited to the Bass Coast Landcare Network Hooded Plover Conservation Dinner.

Through this dinner, we are hoping to raise funds to go towards our Hooded Plover conservation program, which has seen the numbers of 'vulnerable' local Hooded Plovers increase steadily and then double in the past year. The program itself, however, is now at risk as critical funds have not been renewed.

We hope you will join us for dinner, dancing, and an auction, to help us save the Hoodie.

To ensure your place, please register now - tickets are limited.

If you are interested in booking a full table, sponsoring a corporate table, or are keen to support in other ways, please get in touch with Dave Bateman at david.bateman@basscoastlandcare.org.au



Event Details

Date and time: Saturday, 17th June from 6.30pm – 9.00pm

Venue: The Gurdies Winery, 215 Gurdies-St Helier Rd, The Gurdies.

Cost: Tickets are \$90 for adults, and \$20 for children under 12.

RSVP: <https://hooded-plover-conservation-dinner.eventbrite.com.au>



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