

Dear Parents,

Your Help Is Appreciated!

We had a couple of dead trees removed last week and I would like to thank Dennis Beani, whose children used to go to our school, for coming over and taking care of them for us. Eamon Fahy also helped out and will be removing the debris over the next couple of days with the help of a few other dads.

Ross Gore dropped in this morning to fix the table tennis tables which was greatly appreciated. It is nice to see the amount of helpers in and around our school continues to grow as it helps to develop strong connections between the school, our parents and the wider community.

We are also looking for some parents to help out with the school head lice checks. Many of our helpers have had their children finish grade 6 and have left the school. If you are interested in helping out, you can register your interest at the school office. As a helper, you will be given some brief training outlining what to look for and the best methods to search for lice. You will be required to sign a confidentiality agreement and to be approved by school council.

Well Done Riley!!

One of our ex-students, Riley Henke, has been selected by Traralgon College in a leadership role. Riley was selected as part of a group of Year 7 students who travelled to Fitzroy Secondary College to further develop his leadership skills. It is always nice to hear how well our ex-students are going.

Emailing Of Newsletter

Parents are encouraged to sign up for the newsletter to be emailed out rather than a hard copy provided to each family. We have only had a small number of parents take up this offer and I see it as a great opportunity to be more efficient within the school. Not only would it cut down on the amount of paper and printing toner used, it also reduces the amount of time needed to prepare the newsletter ready for sending home. The newsletter is also available on the school website at

<http://www.traralgonsthps.vic.edu.au/> and a through a link to the website via our Facebook page. Please let me know if you do not require a hard copy of the newsletter to be sent home.

Pizza Lunch Raised \$160

Thank you to those students who supported the pizza lunch held last week. We raised about \$160 which was a great effort. Thank you also to the Finance and Fundraising committee for their organisation of this event.

District Winter Sports Competition

Students from Grades 4, 5 and 6 will be participating in the District Winter Sports competition next Wednesday 12th June. We will be combining with students from Gormandale PS for the football team and will play against a combined Toongabbie and Glengarry PS team. We will also have three netball teams who will play against teams from the other schools in our district. Permission forms have been sent home to parents at the end of last week.

Rubbish Free Day

Parents are reminded that we will be holding a rubbish free day next Thursday 13th June. On this day the rubbish bins will be put away with the emphasis being on students bringing “nude food” to school, that is, food that does not need a wrapper. We encourage students to bring containers for their lunch items where possible and any waste, such as wrapping, is taken home. Please try your best to have a rubbish free lunch.

Joel Fraser – Principal

DATES TO REMEMBER		
5 June	Wed	Book Club Due In – Cheques payable to Traralgon South PS
10 June	Mon	Queen’s Birthday Public Holiday
12 June	Wed	District Winter Sports – Grades 4, 5 and 6 Only
13 June	Thu	Rubbish Free Day
24 June	Mon	Parents & Friends Meeting – 9:15am
28 June	Fri	End of Term 2 – 1:30pm Dismissal

**YOU CAN DO IT
STUDENT OF THE WEEK AWARDS
For Week Ending 1st June 2013**



	0/0	Jessica Pettifer	For trying hard to improve her writing.
	1/2	Phoebe Rhodes	For trying hard with her story writing.
	2/3	Colby Palmer	For his organisation and determination with apple coring and his work in general.
	4/5	Phoebe Miller	For consistently having an excellent and positive attitude to her school work and peers.
	5/6	5/6 Class	For your enthusiastic attitude towards the development of your newspapers. Well done!
Art/Music		Logan Alexander	For a great contribution to his music group when performing to the class.
		Jessica Ruff	For great suggestions in Art/Music to help make the lesson more interesting!
P.E.		Savannah Theissling	For showing persistence when learning how to kick a footy.
		Elyse Gordon	For always trying her hardest to master skills during P.E. sessions.
Principal		Riley Jenkins	For being a positive role model for his peers.

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Talking so kids will listen

Effective communication is the essential building block for strong families.

A high level of trust is an essential element for effective family communication. When trust is high parents and kids can talk freely about important issues such as sex, drugs or the future.

Communication doesn't always produce agreement. However, family members are able to speak freely and openly with each other without blaming, condemning or being condescending.

Members of strong families are generally very good listeners. They are likely to listen to other people's points of view and ask questions rather than try to read other people's minds.

Humour is an important part of functioning families. The stronger the family the more likely members are to use humour to reduce tension.

maintain a positive outlook on life, to express warmth, to facilitate conversation and to help cope with difficult situations.

Another feature of positive communication in strong families is the ability to give complements and positive feedback for activities, behaviour or good performance. Kids' good behaviour is recognised. Encouragement, rather than bribes, is given to induce good behaviour or a better effort in school.

Members of strong families feel that they can share negative as well as positive feelings. They find acceptable ways of voicing their feelings and are more likely to use assertion than aggression when they are angry.



Solar Energy Generation

The reading this week is 18433kwh which means we have generated 108kwh since our last reading.

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